SUTTON COURTENAY NEWS

VOLUME 49 NO. 4

MAY 2020



Photograph by Zoe Hunter

FROM THE EDITORS

LIMITED EDITION SUTTON COURTENAY NEWS PLEASE ONLY TAKE A COPY OF THIS EDITION IF YOU ARE UNABLE TO READ SUTTON COURTENAY NEWS ONLINE AT

suttoncourtenaynews.co.uk

Literally the day after we sent last month's edition of Sutton Courtenay News to the printers the country went into lockdown. We were unable to get the edition printed but we hope that many of you were able to read it online on our website.

The printers have now been able to reopen with a skeleton staff and have been able to produce a very limited print run for us. Due to government restrictions on movement we are not able to deliver copies generally and we are leaving them at the shops for collection. If you are able to read the edition online please leave the copies for those who are unable to access it online. We have made arrangements to get copies to a small number of readers we know of who are self -isolating and who do not have internet access. If you are aware of anyone in these circumstances who would like a copy please contact us on **07778 284193** or email us at *editor@suttoncourtenaynews.co.uk*

There are many volunteers in the village helping those in difficulty to get through this crisis, for which we thank you. We have included details on pages 8888. There are a number of government support schemes also available to help businesses and the self-employed. Details can be found on the **.gov.uk website** or you can contact the Citizens Advice Bureau in Abingdon and Didcot. The telephone number for both is **0300 330 9042**. The Wantage Independent Advice Service will able to provide guidance, telephone 01235 765348 or email **help@wantageadvice.org.uk**

The copy deadline for the June edition of Sutton Courtenay News is Wednesday 20th May.

We do not know whether we will be able to produce a printed copy, and if we are how many copies. We will produce an edition online and the website will post updated information as we get it so please check it.

VILLAGE CONTACTS

County Councillor: (Schools, Roads etc.)	Richard Webber, 534001 richardwebber777@gmail.com	
District Councillor: (Planning, Waste etc.)	Richard Webber—as above	
Parish Council Chairman	Michael Jenkins, 847174 msjenkins@msn.com	
Beavers, Cubs	Adrian Rouse, 07730 313384	
and Scouts	adrian.j.rouse@gmail.com	
Brownies	Mary steventonrainbows@gmail.com	
Stay & Play Toddler	Facebook page: @SCstayandplay	
Group	right Official (
Chairman, Friends of SC Parish Church	Fred Cubbage, 848768	
Matrix Music School	847264	
The Abbey	847401	
Cricket Club	drb71@hotmail.co.uk	
Sutton Courtenay WI	Val Melville 847612	
Nordic Walking Group	Graham Wells 847322	
Churchmere Carp Syndicate	Roger Rance 847241	
DAMASCUS Youth Project	848694	
Sutton Courtenay	Mary Thompson 848527	
Local History Society	marydthompson@outlook.com www.sclhs.org.uk	
SCIDS (Drama Society)	Morna Whitlock,848335 morna28whitlock@gmail.com	
All Saints Singers	Steve Fisher 07812 037530 allsaintssingers.org	
Sutton Courtenay Action	suttoncourtenayaction@gmail.com	
Sutton Courtenay Forum	suttoncourtenayforum@gmail.com	
Neighbourhood Watch	07762 597118	
Heighbournood Water	nhwsuttoncourtenay@outlook.com	
Non-urgent Police	101 or policing team email	
	erNHPT@thamesvalley.pnn.police.uk	
Environment Agency:	Landfill Odours 0800 80 70 60	
Thames Water (leaks):	0800 71 46 14	
Power Cuts:	105	
<u>Websites:</u>		
Sutton Courtenay News	www.suttoncourtenaynews.co.uk	
Parish Council	www.suttoncourtenay-pc.gov.uk	
Vale of White Horse DC	www.whitehorsedc.gov.uk	
Oxfordshire CC	www.oxfordshire.gov.uk	

SUTTON COURTENAY POST OFFICE

A wide range of key Post Office products & services are available at Burgrey Stores in the High Street. The opening hours are:

> Mon, Tues, Thurs, Fri: 08.00 – 18.00 Wed: 08.00 – 17.00 Sat: 08.30 – 13.00 Sun: 09.00 – 12.00

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SUTTON COURTENAY DEFIBRILLATOR



THE VILLAGE HAS TWO **DEFIBRILLATORS.** ONE IS LOCATED OUTSIDE THE FRONT ROLLER DOORS OF

SUTTON COURTENAY TYRES ON THE HIGH STREET. THE OTHER IS ANOTHER ONE IS OUTSIDE THE FISH, APPLEFORD ROAD.



ALL SAINTS' CHURCH

<u>The Ministry Team</u>

Rector: The Reverend Helen Kendrick The Rectory, 3 Tullis Close, Sutton Courtenay, OX14 4BD Tel: 01235 848297, e-mail: rector@damascusparish.org.uk Assistant Curate: The Reverend Karen Hyde

Tel: 07526 985395, e-mail: curate@damascusparish.org.uk

Associate Priest: The Reverend Rosie Bruce Tel: 07766 421773, *rosie-bruce@hotmail.co.uk*

Associate Priest: The Reverend Phil Sutton 01235 526114 or 07507 378737, revphil@damascusparish.org.uk

Associate Priest: The Reverend Meg Heywood Tel: 01235 537100, revmeg@damascusparish.org.uk

Lay Ministers: Tim Budd (527853), Jack Jarvis (831395) & Alex Landsbert (847443)

Authorised Preacher: Paul James (848129)

Churchwardens: Nicola Turner (01235 833938) or Hilary Otterburn (01235 834725)

Services of Worship

CURRENTLY NOT TAKING PLACE SEE PAGES 12 & 13

1st Sunday: Family Service at 10.30am

2nd Sunday: Parish Eucharist at 10.30am (with Junior Church)

3rd Sunday: Morning Worship at 10.30am (with Junior Church)

4th Sunday: Parish Eucharist at 10.30am (with Junior Church)

5th Sunday: Special services across the DAMASCUS Parish – please see church noticeboard for details

Wednesdays: BCP Holy Communion at 9.45am



SUTTON COURTENAY NEWS CONTACTS

Sutton Courtenay News is produced by the editorial team, the members of which are Diane Armstrong (07553 801032), Clare Pennicott (07778 284193) and Bernie Jones (07761 375991). Bernie also deals with all advertising.

Sutton Courtenay News is printed with support from Sutton Courtenay Parish Council.

All contributions for the next edition should be e-mailed to *editor (a) suttoncourtenaynews.co.uk* or taken to Burgrey Stores before the copy date entered in the Diary above. To have any contribution published you must provide your name & contact details to the editors.

To advertise, email *advertising* @ *suttoncourtenaynews.co.uk* or telephone 07761 375991

For distribution enquiries please contact Sue on 847158 or Shirley on 847241 or any of the editors.

The Editors have been contacted by people outside the village who would like to continue receiving a copy of Sutton Courtenay News. It can be viewed on line at https://suttoncourtenaynews.co.uk but please contact the Editors to discuss what other arrangements can be made for those unable to access the website.

SUTTON COURTENAY HELP DUE TO CORONAVIRUS

Due to the unforseen and unpredictable circumstances we are currently living in known as covid-19. A community support group has formed on the village known to most as **Sutton Courtenay help due to corona virus,** the name of our Facebook page.

We are a group of 40 very friendly volunteers who are happy to help and have already helped more then 70 residents in the village, be it doing their shopping for them, collecting prescriptions, making a telephone call for a chat or walking a dog.

We can also give information of support and help phone numbers should you need them and we can give information of lots of local food delivery services in the area

We have a donation box in the local Costcutter shop with donations such as tinned and packaged food and hygiene goods regularly being donated. These are then made into parcels and delivered when needed. We are also closely linked with both the District Council and AgeUK too.

We are working to a system where there is a representative for every street on the village and for most instances it will be the same person supporting the same residents each time allowing relationships and trust to build up. However, if for



some reason that volunteer cannot help that time then there will always be another one who can. If we can assist you in anyway please do not hesitate to contact us.

There are many ways you can contact us:

By phone: 07707 779642

• Some volunteers in Sutton Courtenay have been distributing the 'Hello I Can Help' leaflets for those self isolating. Should you or anyone you know need any help, then please contact the person named on your leaflet, or for further help & advice please contact:- Sian Rayner - 07702 543297

- By email: suttoncourtenayc19@gmail.com
- Through Facebook Sutton Courtenay help due to corona virus

Many thanks, Emily Madge Co-ordinator

COUNTY & DISTRICT COUNCILLOR

Is there a bright side to COVID 19 emergency?

It seems almost impossible to avoid bad news at the moment. The daily diet of depressing and dire predictions for society, the UK and the world give very few grounds for optimism. As a result, it is very easy to feel gloomy and depressed.

But it isn't all bad news! There are some silver linings! We have all been learning some valuable lessons from the pandemic. Many potential opportunities are presenting themselves.

Locally, we have discovered the vast number of caring volunteers in our communities prepared to give their time to make things better for the most vulnerable – we have found dozens of community organisers; we have seen great work being carried out by the church; we have found hundreds of food and medicine deliverers.

Families are benefitting, as parents working from home have more time to be with their children. Many have become very creative in using their time well and discovering new talents in themselves, for example cooking.

Air is less polluted as less traffic is on the roads and less aircraft are flying.

People are becoming much more aware of nature...the sound of birds is not drowned out by traffic and planes.

Many people are finding that working from home is efficient and more productive. Perhaps this will change the way business works in the future.

Councils are discovering how to use IT better to save money, save time and save the environment.

Government is discovering that the people of this country have retained the ability to pull together and endure hardship and that things are often done best at a local level.

Globally, there may well be opportunities to make a better, fairer, more united world.

Let's hope that, when it's all over, we make best use of the opportunities these extraordinary times are offering.

Best wishes and keep well

Richard Webber Cllr VWHDC/OCC richardwebber777@gmail.com 01235 534001

NEIGHBOURHOOD ACTION GROUP (NAG 5) SAFETY CORNER

This information was correct at the time of writing, in mid-April.



NEIGHBOURHOOD WATCH (NHW)

NHW is very aware that there are people in the village who are vulnerable and isolated, who don't have access to social media and the internet, and consequently may be unaware of the help and support that's available. There are Neighbourhood Watch groups or 'schemes' around the village, with Co-ordinators acting as contact points for those who need help or advice, as follows:

Street	Co-ordinator	Telephone
Appleford Road	Peter Bronsden	01235 848525/07840 420971
All Saint's Lane	Ruth Swain	01235 847851
Church Street	Clare Simpson	01235 847804
The Green & Churchmere Road	Elaine Howell	01235 848565
Lady Place	Jilly Stewart	01235 847933
High Street (Lady Place to Burgrey Stores)	Alison Draper	01235 847355
Tullis Close	Jessica Bates	07773 394733
Courtenay Close	Karl Gebhart	07778 291439
High Street (Burgrey Stores to SC Tyres)	Bridget Haffenden	07762 5971118
Harwell Road	Yvonne Blakeman	07795 181606
Katchside	Caroline Barnes	01235 848853

If you're not a Neighbourhood Watch member, don't live in a street which has a scheme or can't contact your NHW Coordinator and need help and support - or know someone who does - please contact Sutton Courtenay Area Co-ordinator for NHW, Bridget Haffenden, on 07762 597118 or e-**mail** *nhwsuttoncourtenay@outlook.com*. If you'd like to join NHW the same contact information applies.

The Neighbourhood Watch in Sutton Courtenay Facebook page is providing a wide range of Coronavirus-related information in addition to the usual content, and is updated at least daily. https://www.facebook.com/

https://www.jacebook.com/

neighbourhood.watch.in.sutton.courtenay

<u>'SUTTON COURTENAY DUE TO CORONAVIRUS'</u> <u>VOLUNTEER GROUP</u>

These volunteers now cover all areas of the village and offer help with shopping, medication collection, dog walking, posting letters or a phone call for a chat. If you'd like their assistance please contact the group's Co-ordinator, Emily Madge, on 07707 779642 or e-mail *suttoncourtenayc19@gmail.com*

When you contact Emily she'll ask what sort of assistance is required along with your name, telephone number and which street you live on. She'll give you the name of the volunteer who's helping the residents in your street. Emily will then ask this volunteer to contact you to discuss what you need help with.

- When the volunteer comes to your door they will have either a driving licence or a passport as proof of identity. Please make sure that you check it carefully.
- They will observe social distancing at all times and will <u>never</u> enter your home nor ask for a donation or charge for helping you. The volunteers do not wear any type of uniform.

PRESCRIPTION COLLECTION AND DELIVERY SERVICE

• A new service, AbiMeds, has just launched in Abingdon and the surrounding villages, including Appleford,

Drayton and Sutton Courtenay. The information below's copied from the Abingdon on Thames website and, as you'll see below, there's an AbiMeds Facebook page.

- The "AbiMeds" community medicines delivery scheme has been set up to reduce potential exposure to COVID-19. We have all seen - or experienced - the queues at local pharmacies in recent weeks: many of those waiting are either vulnerable or caring for vulnerable people and the queues not only seriously inconvenience them and risk their health, but also risk the health of the pharmacists and their staff on whom so much depends.
- The AbiMeds team has been working with Abingdon's Freewheeling cycling group to come up with a solution for nearly everyone wanting prescribed medicines from Abingdon's pharmacies <u>not</u> just those who are shielding or self-isolating. It is free and operated totally by local volunteers.
- Anyone who has a prescription to be collected from Boots or Jhoots pharmacies can phone **01865 818351 between 09.00-16.00 every day except Sunday.** We will also pick up from Avicenna, but that can be arranged direct with them rather than through us. Once the scheme is established we hope to roll it out to more local pharmacies.
- Packages collected from pharmacies will be batched by geographical area then delivered, mainly by cyclists.
- Deliveries will be done 3 days per week Wednesday, Thursday and Saturday this week, Monday, Wednesday and Friday thereafter. We can deliver to Abingdon and the immediately surrounding villages (Culham, Sutton Courtenay, Drayton, Marcham, Shippon, Wootton and Radley).
- Just a few additional points:
 - ♦ We are not able to take messages or do callbacks: if you cannot get through or the phone

NEIGHBOURHOOD ACTION GROUP (NAG 5) SAFETY CORNER (CONTINUED)

goes to voicemail, please try again later.

- If there are any issues with access to your property please mention this when you ring so that arrangements can be made.
- ♦ We cannot deal with money: if you normally pay for your prescriptions please discuss with your pharmacy whether you can pay in advance. If that is not possible, sadly we cannot help you, but could direct you to other groups who can.
- For more information see our Facebook Group https:// www.facebook.com/groups/AbiMeds

CORONAVIRUS-RELATED SCAMS

While not wanting to be alarmist, it's important that everyone's aware that criminals are exploiting the current situation and that uninvited phone calls, e-mails, texts and visitors on the doorstep may not be genuine, despite appearances. Criminals are often very convincing and persuasive. **NEVER** provide personal or financial information no matter how convinced you may be that it's a genuine request. Financial institutions, the police, local authority and other businesses will never ask for your information in this way.

With many communities forming groups of volunteers offering help there's also a concern that fraudsters may pose as volunteers or claim that they've been asked to call by someone well-known in the village. **Please exercise caution** and call the person who's said to have requested the contact. **Use an independent source for the contact details and, if it's a phone call you've received, make the call on a different phone if possible**. It's hoped to organise some form of identification for village volunteers, and details will be circulated when available.

Some of the latest reported scams and fraud from Action Fraud:

- Fraudulent e-mails, appearing to be from HM Government, asking for donations to the NHS.
- Scam e-mails, purporting to be from HMRC, offering tax refunds and directing victims to a fake website which will harvest their personal and financial details. They often display the HMRC logo, which makes them look reasonably genuine.
- There have been reports of phishing e-mails which try to trick people into opening malicious attachments, or into revealing personal, financial or sensitive information.
- E-mails purporting to come from the World Health Organisation and the Centre for Disease Control and Prevention offer to provide a list of people infected with Coronavirus in the recipient's area once the victim has clicked on a malicious link, or request payment in Bitcoin.
- Two types of doorstep scams have been reported with fraudsters, (1) claiming to be health workers conducting Coronavirus testing and, (2) posing as fake charity workers offering help with shopping and requesting a donation for the bogus charity. The aim of both scams is to obtain personal and financial information.

If you'd like to report an attempted scam or fraud, or have been a victim, please contact Action Fraud on 0300 123 2040 or use the online reporting tool on the website at https://www.actionfraud.police.uk/

DISPOSAL OF HOUSEHOLD WASTE AND REFUSE

• If you have, or a member of your household has Coronavirus please ensure that any personal items such as tissues, disposable cloths, face masks etc are put into a rubbish bag, then into a second rubbish bag which should be tied securely. The bag should then be stored away from other waste for a minimum of 72 hours before being placed in your bin.

- **Bin emptying** is mostly running as normal. Vale advises that changes may occur as a result of staff being off sick or self-isolating. If your bin hasn't been emptied please leave it out for three days (including weekends). If it still hasn't been emptied please take it in and put it out again on the normal collection day.
- **Textiles, batteries and small electrical items** collection has been suspended. Please retain these items until collection is resumed. Please <u>do not</u> put batteries or small electrical items into your bins as they can ignite and cause fires in bin lorries.
- **Household recycling centres** are closed and any household waste that can't go into a bin should be retained until the centres re-open.

<u>CONTACTING THE POLICE DURING THE</u> <u>CORONAVIRUS OUTBREAK</u>

The police request that you only call 999 in an emergency and 101 if it's urgent.

If possible please use their online services at https://www.thamesvalley.police.uk/

Please only contact the police about breaches of

the 'stay at home' measures if you feel there's a significant issue or serious breach of the restrictions

Contact NAG5 by calling 01235 848694 or e-mail neighbourhoodactiongroup5@hotmail.com

HELP WITH DOG WALKING

Helen Gates is offering to coordinate possible volunteers who are willing to dog walk for elderly people who do not wish to go out in the coming

weeks. Her email address is *helenmudie121@gmail.com* Helen will observe social distancing when collecting the dog and handing the dog back.



Photograph by Joanna O'Callaghan

PARISH COUNCIL NEWS



Due to Coronovirus, there was no Council meeting in April and the Annual Parish Meeting did not take place to the restrictions

Council Meetings

in place. Under the Local Government Act 1972, the Council cannot hold virtual meetings and the Council held an emergency meeting, in the Village Hall Car park, on 24th March 2020 which made resolutions allowing emergency powers of delegation to be made during the period in which Council could not meet to make resolutions in order for the Council to function.

However, emergency legislation has now been passed and the Council is now able to meet virtually. If you would like to "attend" the meetings and take part in public participation or to listen, please contact the clerk on *info@suttoncourtenaypc.gov.uk* and the relevant link will be sent to you prior to the meeting. We ask that anybody dialling in remain on mute at all times. If you would wish to comment in the public participation section, the Chairman will ask you to raise your hand to notify him that you wish to speak and will then invite you to unmute and speak before muting again. Once restrictions are lifted, we will again have physical meetings in the village hall.

The emergency legislation also states that we do not need to post a physical meeting notice and agenda in a public place during the restriction period and that publication on the website is sufficient at this time.

Covid 19 support

There are various support networks in Sutton Courtenay for those in need. Should you or a neighbour need assistance, there are a number of ways in which you can request assistance. Vale of the White Horse released the following information:-

Working closely with the huge number of amazing local volunteer groups working in our communities, we have launched our very own telephone-based support service to help vulnerable and isolated residents who need help with shopping, collecting medical supplies, and other day to day tasks. This service is there for anyone who doesn't have friends or family around to help and is for anybody who hasn't been identified by the NHS as high-risk. To contact our service call 01235 422600 or email *communitysupport@southandvale.gov.uk*. If you have already contacted us, please don't worry about contacting us again – we have your details.

We will offer them any support or guidance they need, even if that's just a friendly voice, and where they need specific help, we'll match them up with local volunteer groups near them who can help (more on this later).

Our support service is there to compliment the county council's support line service for vulnerable high-risk residents who have been advised to stay at home for 12 weeks. Anybody in this situation who has nobody around to help should call 01865 897 820 or email *shield@oxfordshire.gov.uk* for support.

The two services sit side by side and have the same opening hours to help us share information about people in need.

Operating hours - phone lines are open:

- 8.30am to 8pm Monday to Friday
- 9am to 5pm Saturday and Sunday

There is also a local Sutton Courtenay group organised by Emily Madge. You should have received a leaflet regarding how to contact them if you need assistance. Emily is liaising with the Vale of the White Horse and Oxfordshire County Council, as well as Rev Helen Kendrick and various other local individuals to try and ensure support reaches everyone who needs it.

Covid 19 – public open spaces

In accordance with government guidance the recreation ground will remain open for people to use for their daily exercise provided that they comply with social distancing regulations in place. However, the play park, all weather basket ball pitch and skate park are closed. We will open them again as soon as we are informed by the government that we are allowed to do so.

Planning Appeal – Appleford Road

The Council are aware of the planning appeal by the proposed developers in relation to the development of land at Appleford Road. There have been a couple of emergency parish council meetings in April to discuss how it may be possible to take part in the appeal and we will keep you updated as to how this is progressing.

The next Council meeting is on Tuesday 5th May 2020 at 7.15pm. As mentioned above, this will take place virtually via the Zoom Meetings. Should you wish to participate/listen, please email *info@suttoncourtenay-pc.gov.uk* and the relevant link will be sent to you.

SUTTON COURTENAY VILLAGE HALL



The Village Hall is situated in Hobbyhorse Lane, Sutton Courtenay, OX14 4BB. Our hall is a community facility managed by volunteers (trustees) for everyone in the community. It is the focus of many groups from the village

and the surrounding area who meet weekly or monthly for a variety of activities.

It could be the perfect venue for your large family gathering, party, group dining, formal occasion, client gathering or committee meeting. We can also make arrangements for conference meetings for local businesses.

It is an excellent venue for children's parties as the main hall can easily accommodate a Bouncy Castle. The hall has sound equipment, and the bar area facilities include a fridge and a large urn. Crockery can be hired or you can bring your own.

In addition there is a kitchen and a smaller hall/meeting room. There is ample onsite parking. Behind the village hall is a tennis court which can be used free of charge.

Community hire charges for the main hall are $\pounds 16$ p/h but if you want to use the hall on a regular basis, the rates are negotiable.

We encourage you to come and look round prior to booking.

The village hall will be closed till such time as the government's guidance on social distancing measures is lifted to help reduce the transmission of coronavirus (COVID-19). Many one-off hirers have cancelled / postponed bookings. All regular bookings have cancelled for similar reason of social distancing. If you have a booking and you have not been contacted please let me know. Meanwhile stay safe.

Rita Atkinson, Secretary: 01235 848694 or scvillagehallbookings@googlemail.com

SUTTON COURTENAY PRIMARY SCHOOL



Rising To The Challenge!

I could not be more proud of our school community this past month. We have all been called upon to do things this week that we never dreamed we would have to. The news has been grave and the world seems unrecognizable. But as

adults, we have had to all work together to keep connected and show the children that the values we think are important apply wherever we are and whatever the circumstances. Parents and carers have had to begin managing the education of their children in their homes. As teachers, we have had to work hard on learning new ways of communicating and working with others. Never have our school values been so relevant. Are we **ready** for this huge new challenge? How can we show the deep **respect** we have for each other and understand each other to support our children? And we must all rise to take **responsibility** for things we never dreamed we would have to. But there it is – and together we can do it, because even though we are not all in the building each school day, we are still in the school.

One of the hardest things is not knowing how long it will all last, and indeed, whether our world will be the same after such a huge global shock and response. When we revisited our whole school values last year, we all wanted to choose three that would sustain our school community through their whole lives, whatever the challenge. We could not have anticipated that they would be tested in such a way so soon.

Children Of Key Workers

We are providing childcare for a small number of children whose parents are both key workers. They have all settled in well and we have now established daily routines that work well, which include Joe Wicks' PE, work time, and



lots of playing together. Because we are a small number we have a real family feel.

Those Learning At Home

Most families are now up and running with Google Classroom and starting to access the learning tasks. Teachers are holding regular virtual staff meetings and are able to discuss ways we could make this even easier for parents and carers and work out ways to accommodate the flexibility they need. Some children work quickly while others need more time. Some are more independent. Some families are sharing technology, and some have parents who are also trying to fit in their own working from home schedule. We are aware that school work is not the only thing on everyone's minds as they struggle with the challenges the lockdown brings.

However, we are delighted with the way everyone is engaging and through the Google classroom we are able to see who has completed assignments. Children and adults can also send us in pictures of their work. Creative subjects are not being neglected, with plenty of art and even music going on. Children have uploaded videos of themselves clapping rhythms. The Google Classroom platform is secure and safe for children to use with confidence.

Here is some of the lovely drawings of spring flowers that have been uploaded by Falcons class.





Headteacher Mrs Rachel Hornsey Assistant Headteachers Lisa Knight and Louise Potter office.3243@sutton-courtenay.oxon.sch.uk Telephone 01235 848333

CHURCHMERE POOL



Not sure where to start, come to that where to finish. There has been no fishing therefore no news on that front.

I was worried that we had lost the lilies with the water being so high, but only this week

they have started to show there leaves, but we have lost some gorse due to being drowned.

I expect the fish to start spawning very soon, which would save me closing the fishery as it is already closed.

The coots are nesting and quite amusing as one pair build a nest, another pair come and steal material from that nest for their own. The swans have five eggs and are having fun chasing the Canadian geese away.

Other than that the sun's out, it's lovely weather for fishing so stay in, stay safe, it is so cruel isn't it, but do stay safe.

Roger Rance

SC NORDIC WALKING GROUP

Hope that we will be able to restart our walks as soon as it is safe. Not sure how social distancing will work but we will manage. Hopefully we can continue our courses, which were fully booked for two whole months with Go Active Gold, when we had to postpone.

Please remember that there is walking, and then there is skilled walking AKA Nordic Walking. Keep safe.



Adaptable Youth Interventions

'Youth Work has historically responded in times of crisis, as deep within every crisis lies an opportunity for growth'

Over the years, youth work has taken on many forms in a variety of settings, but few have operated exclusively through virtual spaces. The principles of youth work say nothing about being a "social influencer"! But venturing into this "unknown" territory has allowed us to continue to communicate, socialise and engage meaningfully with young people in way we never dreamt of in the past.

As a youth charity, we feel Education, Employment and Training (**EET**) is core to young people's empowerment and have been adapting our way of working to meet their needs in these unprecedented times of social distancing and economic hardship due to COVID-19. As soon as school and college closures were announced, we started taking advantage of social media platforms to continue engagement opportunities for young people. Detached youth work is essentially about going into the heart of the community and that is fundamentally what we have continued to do *- virtually*.

Utilising the online tools popular with young people, and linking learning material to sources of entertainment, extended our potential for impact. We have embraced it as an opportunity to respond to the changes and challenges Covid-19 outbreak has had on young people, their families and the community. We are providing: <u>EET Support</u>

Encouraging young people to set and follow a routine and offering support so that our young people don't fall behind in schoolwork

Online support with job searches, applications and 'virtual' interview practice

Wellbeing and Social Support

Focused online "support chat groups"

Bespoke parent support and also useful links to resources in this lockdown period

Acting on any needs identified due to economic hardship

Young People's Mind and Body Gym (You Tube) Channel – developing interactive virtual, one-stop access to fitness regime and activities to challenge critical thinking skills and practice good mental health

Live interactive sessions - we adapt versions of popular games and invite young people and their families to play

Developing a suite of issue-based interactive online workshops for young people and parents to access using Zoom.

Engaging with the village support groups to ensure we are doing our very best to support our community during these difficult times

Most importantly, providing daily one-to-one support to our most vulnerable young people to ensure their safety

They say the proof of the pudding is in the eating – in the space of just three weeks we have made a good start –two of our young people succeeded in being invited for job interviews after their 'virtual' interview practise and more than 40 young people and adults have already joined our Insta Live sessions! Watch this space for more!

We are in the process of surveying young people and their parents so that we can be sure our support is effectively tailored to their needs.

We are extremely proud to be part of a community where so many have pulled together to help others. Thank you

The ADYP Team – Roxy Elford, Jake Fleetwood and James Quartermain

Do contact any of us on jamesq.ycat@gmail.com, jakef.ycat@gmail.com, roxy.ycat@gmail.com

Tel: 01235 848694 or 07875649008

🚪 Jake Damascus, Roxy Damascus, James Damascus

Jake.adyp; James.adyp; Roxy Damascus

YouTube - The Abingdon Damascus Youth Project

Website - www.damascusyouthproject.org.uk

26TH ABINGDON SUTTON COURTENAY

We provide fun, friendship, and challenge

Hello from Beavers, Cubs & Scouts!

Although all public Scouts activities have been suspended, we are committed to providing some continuation of our program in this strange time.

We have joined #CampAtHome - a virtual camp organised by Northumberland Scouts. Yes, we are camping at home. Our members packed their bags, built shelters, made





campfires and now making food and doing various Scouts activities every day. Since 1st April our members camped for over 70 nights all together! They tried to estimate time, did a good deed, dipped feet in a stream, climb trees, helped parents around the house and garden, went on bike rides, learned to name

flowers, made crazy golf in the garden and balanced blind-folded on one leg for 1 minute!

We are not stopping there. We plan to continue for the whole of April and on the last night, 30th April, we hope to be part of the *World record for Virtual Camping*.

#TheGreatIndoors

As you can see we're keeping ourselves busy and if you are looking for ideas for indoor activities, take advantage of #TheGreatIndoors where you can find many ideas for indoor activities.

COVID-19

Following the latest advice from the Government, the Scout Association has requested that all meetings and events are cancelled. Therefore, unfortunately, Beavers,



Cubs and Scouts will be not running until further notice.

However, we would like to keep you up-to-date with information from the Scouting movement and we are looking for past members of 26th Sutton Courtenay Scouts who would like to share memories and photos. Please, contact us on the email below.

Come and Join us: If you would like your child to join any of our sections (once the restrictions are lifted), email us for more information on *26thAbingdon@gmail.com*

Marquee hire: Our Scouts group has marquee to hire locally (once the condition allow us). Our marquee can be set either as 40'x20' or smaller size 20'20'. For information about the hire please use the contact above



LETTER TO THE EDITORS

FRIDAY 8TH MAY

As this is a Friday bank holiday, I am suggesting to the people to have a celebration.

Unfortunately due to C19 we cannot have a street party but am suggesting we all have a front garden party within our own boundaries. Put flags and bunting up. Convert your garden/driveway to a 1940s theme. Disguise your car as a tank, build Anderson shelter etc etc whatever takes your fancy. Dress 1940s style. Should be good fun for passers by.

My fiancee and I have already planned something and are currently working on it.

Hopefully the weather will play ball.

Best regards and stay safe.

Neil and Tracey. Harwell Rd

EDITORS' NOTE

PLEASE ALWAYS ADHERE TO ALL GOVERNMENT ADVICE, GUIDELINES AND RESTRICTIONS WHICH MAY APPLY AT THE TIME



Photograph by Magdalena Wyatt

IMPORTANT PUBLIC CONSULTATION ON PROPOSED TRANSPORT INFRASTRUCTURE

Reminder. If you have not done so already, do consider commenting on the proposed improvements to the transport infrastructure around Didcot through *www.oxfordshire.gov.uk/didcotupdate* **Or optionally by ringing 07392 318945** or **07833 401067**

Time is short with a deadline of 30th April.

The County Council (OCC) expect the proposals to substantially improve the county's transport infrastructure, including a new river crossing between Didcot and Culham and that the improved infrastructure will also enable the development of new housing and employment areas.

The estimated cost is £238 million with £218 million coming from the Government and the rest being secured through developer obligations in the area. It is envisaged that the infrastructure including the bridges will be open to traffic by **Spring 2024**.

These proposals will have considerable impacts on Sutton Courtenay over a lengthy period and do warrant close scrutiny by residents.

The proposal includes four schemes:

1. A4130 road widening from A34 Milton Interchange towards Didcot

2. A new "Science Bridge" over the A4130, Great Western Railway Line and Milton Road into the former Power Station site, back to the A4130.

3. A new Didcot to Culham River Crossing between the A4130 Northern Perimeter Road at Didcot and A415 near Culham Science Centre

4. A new Clifton Hampden Bypass between A415 near Culham Science Centre and B4015 Oxford Road north of the village.



The above summary diagram is at document 12 on the website. Of particular interest to SC/Appleford are:

a. Scheme C - Document 12. The addition, of a roundabout on the Appleford Road, linked to the new Thames bridge. This raises a question of just how much the scheme will reduce the traffic load in SC particularly from and to Drayton/South Abingdon and the new estates in North Didcot.

b. Scheme B - Documents 7 and 8. Science Bridge going over the railway on the road Milton Park to Didcot and the improvements onto the Didcot ring road north.

Do please comment. Sutton Courtenay Action

SUTTON COURTENAY PRODUCE SHOW

The Produce Show committee is hoping that the show will go ahead this year on Saturday, September 5th. We listened to comments at the last show and are producing a schedule that allows the children and young people to take part more fairly. The children's classes will all be judged in two age ranges - under 6 and 7 to 11 years of age and also in some of the other classes we have included a section for the 12 to 16 years old. Some people commented that in the Craft section the size of the quilt (1sq.m) is limiting so this year we have allowed larger sizes but it must be folded to 1 m. sq., due to lack of space, and it will be judged folded. The schedule will also be in the July/August issue of the Sutton Courtenay News and on the web site. Anyone can enter and we hope to see even more of our new residents taking part this year.

If we are not able to hold a show at all this year, we plan to use the same schedule for 2021 so anything you want to enter this year in the Arts, Craft or Photography classes will be able to go in the show then. So put self-isolation time to good use and get planning, painting, making, taking photographs and planting what you can now.

Sutton Courtenay Craft and Produce Show5th September 2020(Show open for viewing at 2pm)NB: entries must be staged strictly between 9.45 and 11am when judging begins. Early or late entries cannot be accepted.

t a Cood tow with mixture of venetables	49 a A decorated book mark b 12-16		
1 a Seed tray with mixture of vegetables b Age 12-16 2 1 sweetcorn – kernel to be ½ exposed	49 a A decorated book mark b 12-16 50 An item of crochet		
3 3 potatoes, any one variety	51 A quilted item – max 1 m sq or displayed folded to 1 m sq		
4 6 runner beans	52a Something new from something old b 12 - 16		
5 Bunch of fresh herbs	52 An item made from fabric		
6 3 onions (trimmed)	54a A hand-made get-well card b 12-16		
7 A lettuce			
8 3 tomatoes	55a A piece of original craft work -ceramic, metal or wood b 12-16 ART See rules at end of schedule		
9 A truss of tomatoes - any variety	56Drawing – pencil, charcoal or pen and ink – max 2'x2'		
10 2 courgettes – no larger than 6 ins	57 Picture – any medium including collage -max 2'x2'		
11a Collection of 3 different vegetables (3 of each) b 12-16	PHOTGRAPHY: See rules at end of schedule		
12 3 carrots – with 3" tops	58 Black and white photograph		
13 3 beetroot – with 3" tops	59a Colour print – general b 12 - 16		
14 5 shallots (trimmed)	60 Colour print - Gates		
15 3 dessert apples	61 Colour print - Sunset or sunrise		
16 3 cooking apples	CHILDREN'S CLASSES a)6 and under b) 7-11		
17 5 plums	62 A picture of a garden		
18 3 pears	63 A decorated wooden spoon		
19 2 sweet peppers	64 A monster made from scrap materials		
20 1 cucumber	65 A garden on a plate		
21 The curliest cucumber	66 A gingerbread person		
22 3 leeks	FLOWER ARRANGING Accessories to be within size limits		
FLOWERS	67 Miniature - maximum 4" all dimensions		
23 Vase of 3 stems of roses	68 Arrangement with 5 flowers and foliage only		
24 1 specimen rose	69 Arrangement in a jug – garden flowers only		
25 Vase of 4 herbaceous flowers (different varieties)	70 Song from a show - max 20" sq unlimited ht. Accessories allowed		
26 4 dahlias	RULES:		
27 3 stems from a flowering shrub	Photographs: to be taken by exhibitor and not previously shown.		
28 Vase of 5 or more mixed garden flowers inc. shrubs	Mounted, overall size max 14"x10"		
29 A potted cactus or succulent – not shown before	Craft All items must be your own work, not worn or shown before .		
30 A potted geranium	Art: All items must be your own work and not been shown		
31 A flowering houseplant	before . Class 38: Coffee and Walnut Cake Given recipe/ tin size to		
32 A pot plant shown for foliage	be used		
COOKERY	For the cake: 4 large eggs beaten, 2 heaped teaspoons of		
33 Jar of jam	instant coffee (or 2 tablespoons Camp coffee), 8oz (225g)		
34 Jar of marmalade	soft margarine, 8oz (225g) caster sugar, 8oz (225g) SR flour,2		
35 Jar of jelly	teaspoons For the cake: baking powder, 3oz (75g) chopped		
36 Jar of lemon curd	walnuts		
37 Jar of chutney	For the filling & topping: 2oz (50g) soft margarine, 6oz (175g)		
38 A jar of honey	icing sugar,1 teaspoon of coffee dissolved in 1 tablespoon		
39 Coffee and walnut cake * See recipe	hot water (or 1 tablespoon Camp coffee),1 tablespoon milk		
40 4 flapjacks	(optional), walnut halves		
41 4 plain scones	Preheat oven 180c/160c fan/350f/gas 4. Grease & line 2 x		
42 6 meringue halves (unfilled)	8inch (20cm) sandwich tins with grease proof paper. Place		
43a 4 shortbread biscuits b. 12 - 16	eggs in bowl & stir in coffee until dissolved. Add remaining		
44 4 sausage rolls - 3" long DRINKS	ingredients & beat well until blended. Divide mixture evenly between tins and level out. Bake in oven for about 25 mins or		
45 1 bottle home-made lemonade	until well risen and tops of the cakes spring back when lightly		
45 1 bottle home-made remonade 46 1 bottle home-made fruit flavoured spirit	pressed with finger. Leave to cool in tins for a few moments		
CRAFTS See rules at end of schedule	then turn out, peel off paper & finish cooling on wire rack.		
47 A hand knitted scarf	Make butter cream by blending margarine, icing sugar &		
48 An item of hand embroidery- cross stitch or canvas work	coffee until smooth, adding milk if necessary. Use half butter		
the statement of hand employeery" cross succifior canvas work	cream to sandwich cakes together. Spread remaining butter		
	cream on top and place some walnut halves on top.		



From the Ministry Team...

'April is the cruellest month...' with these words T.S. Eliot opened his modernist masterpiece, The Waste Land. This poem was written in 1921 in the aftermath of the First World War and the Spanish flu pandemic. Millions upon millions of people had died in the years following the slaughter of the First World War. April has always been seen as a 'cruel' month because it taunts humanity in the northern hemisphere with its explosion of spring blossom and promises of fruitfulness to come and yet it also marks the 'hunger gap' when people would most often die because the winter food supplies had been consumed and the new season's food had not yet grown. Eliot's poem brims with the pain, the trauma, the disillusionment and the death of his time. Now it is April 2020 and Eliot could never have imagined that nearly 100 years on, April would once again become our 'cruellest month', when trauma and death stalk our land as the coronavirus pandemic is forecast to peak. These are unparalleled times. In the words of the Psalmist, the 'foundations are being shaken'. And yet - as Christians we can lift our eyes from the turmoil and look up. Psalm 46 has good words for such a time as this:

'God is our refuge and strength, an ever-present help in trouble.

'Therefore we will not fear, though the earth give way and the mountains fall into the heart of the sea...

'Nations are in uproar, kingdoms fall; He lifts His voice, the earth melts.

'The Lord Almighty is with us; the God of Jacob is our fortress.

'He says, "Be still, and know that I am God...'

The Reverend Helen Kendrick

Rector of the DAMASCUS Parish

YOU STAY - WE PRAY!

All Saints' Church (part of The DAMASCUS Parish) prays on a weekly basis for all Sutton Courtenay residents who live and work in each road. In a 26-week Rota, everywhere is prayed for twice in each calendar year. As roads are of different lengths, some will be prayed for twice (on consecutive weeks) and some for three weeks. As the Church is not open at this time due to the Covid-19 pandemic, please use this monthly Rota in .S.C. News.

The Rector prays especially for all the village at this terrible time, and of course we can all remember each specific area day by day. At this time of social distancing and self-isolation, if you feel the need for special prayers and support, please contact the Rector (the Revd Helen Kendrick) by phone on 01235 848297 or e-mail at <<u>rector@damascusparish.org.uk</u>>.

During May 2020 we will pray for those who live and work as follows – $\,$

Sunday 26 April to Saturday 2 May – Abingdon Road, All Saints' Lane, Brook Street

Sunday 3 May to Saturday 9 May – Amey Close, Appleford Road Sunday 10 May to Saturday 23 May – Asquith Park, Chapel Lane Sunday 24 May to Saturday 6 June – Barretts Way, Churchmere Road

IMPORTANT NOTICE FROM THE DAMASCUS PARISH

All services and events at church have been suspended until further notice and our buildings remain shut and locked but Worship at Home can still continue. Each week the DAMASCUS Ministry Team are taking it in turns to produce a homily – in written, audio and video format. Thank you to everyone who watched or listened to the Easter Day service – either via our weekly mailing or via the website, or via the All Saints' Church, Sutton Courtenay website. We pray that Worshipping at Home whilst we are apart is keeping us together.

For updates please see our website *www.damascusparish.org.uk* or the All Saints' Church Sutton Courtenay Facebook page.

If you, or anyone you know, would like to be added to our mailing list please contact Alison Bampton, our administrator: *admin@damascusparish.org.uk*

(In order for us to keep contact details on our database each person must fill out a GDPR form if they have not already done so. This can be completed and returned via e-mail. You can ask to be removed at any time).

Most importantly, please let us know if you are selfisolating and need help of any kind so that prayer and practical support can be offered in a safe way.

Please contact any of us if you need help of any kind – or advice on weddings, funerals and baptisms.

With love and prayers, Helen, Phil and Meg and the Ministry Team of the DAMASCUS Parish

The Rev'd Helen Kendrick (01235 848297) rector@damascusparish.org.uk

or admin@damascusparish.org.uk

The Rev'd Phil Sutton (07507378737) revphil@damascusparish.org.uk

The Rev'd Meg Heywood (01235 537100) revmeg@damascusparish.org.uk

Churchwardens: Nicola Turner (01235 833938) or Hilary Otterburn (01235 834725)

Other Online Worship Resources

In addition to the material we are producing the Diocese of Oxford is also live streaming a service at 10am every Sunday which can be accessed via their website or Facebook page.

For any questions about baptisms, weddings or funerals please contact the Reverend Helen Kendrick on 01235 848297 or email: rector@damascusparish.org.uk

ALL SAINTS' CHURCH (CONTINUED)

Five Tips for Tackling Loneliness and Isolation

The Church of England has published a leaflet giving five tips to help loneliness:

Pray. Light a candle, if safe, and pray for hope, faith and strength to keep loving and caring for each other during this time of struggle.

Talk about how you feel. This may be difficult if you are self-isolating, but do use the telephone, internet, and social media. If you need to contact a counsellor this can be arranged by your GP, or via local agencies, or privately. <u>Samaritans are there</u> 24 hours a day, every day, and it's free to call them on 116 123. Or ring Helen on 01235 848297 – I am always happy to listen.

Focus on the things that you can change, not on the things you can't.

Look after yourself - physically, emotionally, spiritually. Plan in things that you enjoy at regular intervals during the day – a TV programme, a phone call, a book, a favourite dish, a game.

Look after others. Even if only in small ways, but do what you can: a smile, a kind word, writing a letter or an email. Go to:

https://www.churchofengland.org/faith-action/mental-health-resources/dealing-loneliness-and-isolation-five-top-tips

Thursday 23rd April at 10:30am

St George's Day Sutton Courtenay Community Café via Zoom – all welcome but you will have to make your own coffee / tea!

Join Zoom Meeting

https://us04web.zoom.us/j/79504078097? pwd=WUIUOGdZZEp5Tzg0NCtZaFZBbG11QT09 Meeting ID: 795 0407 8097 Password: 001308

Stewardship and Giving

We realise that these are challenging times for many people but, as stewards and custodians of the churches in the DAMASCUS Parish we are having to consider the impact this pandemic is having on our finances.

Thanks to the generosity and thoughtfulness of many, a large part of our income comes in planned giving which gives us great stability.

However, there is no doubt that our income will be seriously affected by the church closures and not being able to run fundraising activities.

If you normally give through the Sunday collection plate please would you consider:

- a) continuing to put to one side the amount you would normally donate and bring it to church when we reopen for public worship
- b) set up a direct debit by joining the Parish Giving Scheme - forms can be emailed through to you - please contact the Stewardship Officer - David King stewardship@damascusparish.org.uk
- c) make a one-off bank transfer using these details

The DAMASCUS PCC CAF Bank Limited Account 40-52-40

00031419

d) writing a cheque payable to The DAMASCUS PCC and sending it to the DAMASCUS Parish Office, The Rectory, 3 Tullis Close, Sutton Courtenay, OX14 4BD. Thank you.

A Prayer for this time

The love and care being offered to one another by people around Sutton Courtenay is inspirational. Thank you to all those who are helping out their neighbours in so many different ways.

> Lord Jesus Christ, you taught us to love our neighbour, and to care for those in need as if we were caring for you. In this time of anxiety, give us strength to comfort the fearful, to tend the sick, and to assure the isolated of our love, and your love, for your name's sake. Amen.

REST IN PEACE

We send our condolences and the assurance of our prayers to the family and friends of the following people who died recently:

Leslie Barrett Alfred Thomas Foster Raymond McGovern

Due to the current restrictions we are only permitted to hold short graveside committals or committals in crematorium. We are hoping that in due course we will be able to hold full memorial services in church for those have died during this crisis and tributes will be published after these services.



Photograph by Magdalena Wyatt

SCIDS

SCIDS is great because you get to make friends with children from different schools. You get to play a character and dress up. My costume even had lights on it Elliott who played Spot



Benn Gunn was my ideal role. Minimum lines; maximum impact; Back with my faithful blunderbuss; adulation from my crew of dancing girls and all the glory at the end! Chris who played Benn Gunn

SCIDS

The production this year was "Treasure Island". From the start in January the entire team worked hard and enjoyed the fun of winter Sunday rehearsals resulting in a wonderful adaptation of Robert Louis Stevenson's classic story. BUT this production will surely be remembered for the cliffhanger timing, SCIDS went on stage just, but only just, before the country went into lockdown. As one of the team who led this production to March 13th and 14th I can pick no one out as special, as they were **all** so special. They all deserved the love and pleasure they gave their audience. From Benn Gunn to the youngest Spotless, they were wonderful and from them, and the team behind them, comes a big thank you to Sutton Courtenay for the support that this village gives. We are living through strange and unnerving times - I hope "Treasure Island" gives everyone involved something very lighthearted to remember of the spring of 2020.

Watch this space for the sign up session for next year - it should be in the September issue and on the Burgrey Stores notice board



It's been a privilege to be part of a great team and excellent production. Mark who played Cap'n Oleseadog

I loved SCIDS because I loved pretending to be a dog, and I loved running into the audience and making people laugh. It was great fun.

Lewis who played Spotless 1

I think SCIDS is great. I have learned to build my confidence, I met new friends and had fun. I will do it again next year for sure. People there are lovely. Izzie who played Gracie

Thank you to the whole team for giving us the opportunity to have such fun together. Helen who played Mrs Hawkins.

SUTTON COURTENAY LOCAL HISTORY SOCIETY



The Sutton Courtenay Local History Society has a number of interesting photos on its website *www.sclhs.org.uk* showing how the village has changed over the years. Here is a selection showing the north end of Church Street over the years. Can you estimate the dates? Have you got any photographs or other information about other areas of the village you would like to share? Please contact the Editors at *editor@suttoncourtenaynews.co.uk* and we'll pass the information on.









Photograph by Zoe Hunter

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The Fish Restaurant & Bar Takeaway menu

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Sunday Roast

- Loin of pork with roast potato, vegetables, gravy, apple sauce and cracklings £14.95

Starters

Smoked chicken & prawns mayonnaise salad £5.50
Warm goat's cheese & onion chutney in filo pastry with walnuts and salad £5.25

White sandwich baguettes £6.00
(crispy duck, chicken & prawn mayo, brie & bacon)
Butternut squash soup £5.00

Venison and dry fruit terrine with red onion compote, brown bread and salad £4.25

Caramelized onion tartlet topped with mozzarella and salad £4.95 (V)
Beetroot cured gravad lax with mixed leaves salad £5.50
Crispy duck salad, cucumber, spring onion and hoi sin sauce £6.25

Tomato, basil, roasted peppers and mozzarella salad with basil oil and blsamic dressing (V) £5.75

Mains

Beef and bacon burger with red onion, lettuce, tomato, cheese & French fries £12.95

Cottage pie with mixed leaves salad or mixed vegetables £11.25
Grilled chicken breast with mushroom sauce £11.50

Battered fillet of cod with lime & coriander mayonnaise and French fries £12.00

Venison steak with creamed cabbage and port wine sauce £15.50
Gressingham duck breast with orange sauce £14.95

Fillet of stonebass with shrimps, pink peppercorn and chive butter sauce £13.50
Leek, pea & wild garlic risotto with salad, parmesan and balsamic vinegar £9.95(V)
Breaded halloumi burger with French fries £10.50 (V)
Caesar salad with battered tiger prawns, crutons and parmesan £11.50

Side dishes

French fries £2.60 - Lemon rice £2.70 - Mixed vegetables £2.50
 New potato £2.60 - Mixed leaves salad £2.50 - Mash potato £2.60

Desserts

Lemon cheescake with raspberry coulis £5.50
 Chocolate delice with custard £5.50
 Warm banana bread with toffee sauce £5.50
 Hot treacle sponge with custard £5.50
 Selection of French and English cheeses with biscuits £7.50

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or updates

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The Swan Foodhouse And Bar

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Due to the spread of coronavirus and closure of pubs and restaurants, we are offering a **takeaway service for the local community**. Please contact us for more information or visit our website for the takeaway menu.

This service will be dependant on demand, as well as government guidelines.

If you are aware of any vulnerable people in the local area that require a delivery service, please don't hesitate to contact us and we will do our best to help them.

Follow us on Facebook for menus, times and latest information. We'd like to send our appreciation and thanks to all our customers and friends for the support with our takeaway service during this difficult time.



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